

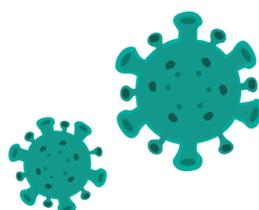
Dengue Fever and Zika Virus is still on the rise



With more than 350 Zika cases and 11,000 Dengue cases in Singapore, staying vigilant and stepping up protective measures is critical, to protect your health and safety.

What is Zika Virus?

It is a virus infection that is transmitted by the bite of infected Aedes mosquitoes, and identical to that of Dengue. Most people whom are infected do not develop symptoms. The virus is transmitted to humans by the bite of an infected Aedes on a blood meal. These Aedes mosquitoes get infected when they feed on a mosquito from a Zika-infected person, who in turn transmits the virus to people they bite on.



[Find Out More](#)

Facts



Female mosquitoes lay about 30 to 300 eggs at one time¹



Only female mosquitoes feed on blood to help develop eggs²



Mosquitoes are attracted to heat and carbon dioxide, and tend to bite people who have just exercised³



An adult mosquito weights just 1/15,000 oz., hence we hardly feel them on our skin



Average lifespan of an Aedes mosquito is 2 weeks⁴



Peak biting usually takes place at dawn and dusk



Eggs can lay dormant in dry conditions for up to around 9 months⁴



Bigger people attract more mosquitoes because they produce higher carbon dioxide and lactic acid⁵

[Find Out More](#)

You can apply some easy preventive steps to protect yourself

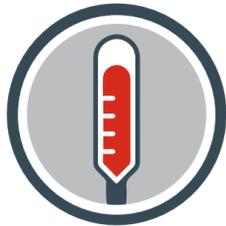
- 1 Ensure no breeding source in and out of your home or work place (Aedes mosquitoes breed in clean and stagnant water)
- 2 Protect yourself from being bitten by wearing long, covered clothing
- 3 Apply insect repellent for additional safety
- 4 Seek medical treatment if you are unwell
- 5 Approach for medical advice if you are unsure of your symptoms
- 6 Install mosquito netting and keep room cool



Not sure where are the various breeding sources?

[Find Out More](#)

Some symptoms to look out for include?



Fever



Joint pain, muscle pain and headache



Rash



Conjunctivitis (red eyes)



Symptoms that last between 4 to 7 days

[Find Out More](#)

Take important steps to protect your family and employees

Ensure your home or work place is adequately protected, as mosquitoes can attack at various life cycles, including both indoor and outdoor environment.

- 1 Control and reduce the adult mosquito population with water-based fogging solution
- 2 Control the development of mosquito breeding or larvae in stagnant water with Larvicide treatment
- 3 Install an external mosquito trap to further control the mosquito population from neighboring sites
- 4 Install an internal mosquito trap to control indoor mosquitoes entering from windows, doors or gaps



Wish to find out what are the various mosquito stages that will attack us?

[Find Out More](#)

References

¹ Urban Pest Control - Jabatan Pertanian Semenanjung Malaysia
² <http://www.mosquito.org/fun-facts>
³ <http://www.mosquito.org/fun-facts>
⁴ <http://www.dengue.gov.sg/subject.asp?id=12>
⁵ <http://www.mosquito.org/fun-facts>

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